



Chocolate Banana Pops

Instructions

- 1 2 large bananas
- 2 3/4 cup chocolate protein powder ✓
- 3 3/4 cup coconut oil ✓
- 4 Almond butter to top ✓
- 5 Nuts of choice to top ✓
- 6 6 popsicle sticks

Directions

- 1 Slice banana into thirds and insert popsicle sticks into each piece.
- 2 Lay banana pieces into baking tray covered with parchment paper and place in freezer for 1 hour.
- 3 Whisk together the protein powder and melted coconut oil until evenly combined.
- 4 Remove bananas from freezer and dip into chocolate. When chocolate coating the banana piece begins to harden, place banana
5 popsicle back on the tray.
Top with pieces of nuts and drizzle almond butter over.
- 6 Place back on freezer for 1 hour or overnight.

Adapted from: The Plant Philosophy

✓ Available for purchase in the PureFormulas Store

pureformulas <http://blog.pureformulas.com/>